

Embouchure Formation

In order to form a basic trombone embouchure, follow the steps outlined below.

Step 1.

Say the word *dim* and keep your lips closed but your teeth apart.



Step 2.

Firm the corners of your mouth in order to **flatten** your lips.



Step 3.

Point your chin slightly in order to flatten your lower lip.



Step 4.

With your *dim* embouchure, **hold out** your right hand about 10 centimeters in front of your lips while you **touch** the corners of your lips with your left thumb and index finger.

Step 5.

Take a deep diaphragm breath, think of the word *pooh* and **buzz** toward your right hand. Remember to keep a steady and full buzz for the duration of your breath and do not puff your cheeks and do not pucker your lips!

Do not worry if you are not able to produce a steady buzz on your first try. Remember to breathe in and out with your diaphragm, **keeping it tight** during the entirety of the buzz. Additionally, remember to **blow towards your hand** while thinking of the word *pooh*.